

**Lancashire AA  
10-Mile Road Championships**

**Bispham**

**15th March 2015**

<u>Pos</u>	<u>Men</u>	<u>Wom</u>	<u>Mas</u>	<u>Cat</u>	<u>Pos</u>	<u>Club</u>	<u>Time</u>
1	David Rigby	1		M		Preston Harriers	00:52:50
2	James Kevan	2		M		Horwich RMI Harriers	00:53:38
3	Matthew Lalor	3		M		Barlick Fell Runners	00:54:00
4	Gary Pennington	4	1	M45	1	Preston Harriers	00:54:57
5	Phil Robertson	5		M		Lancaster University AC	00:55:13
6	Paul Muller	6	2	M55	1	Horwich RMI Harriers	00:59:21
7	Jacob Watson	7		M		Clayton le Moors Harriers	00:59:28
8	Neil McDonald	8	3	M45	2	Preston Harriers	00:59:59
9	Lee Barlow	9	4	M40	1	Wesham Road Runners	01:00:24
10	Richard Smith	10		M		Preston Harriers	01:01:09
11	Daniel Balshaw	11		M		Burnley AC	01:01:26
12	Jack Okell	12		MJ	1	Lancaster University AC	01:01:34
13	Stephen Young	13	5	M40	2	Unattached	01:01:39
14	Robert Walsh	14	6	M40	3	Chorley AC & Tri Club	01:01:41
15	Andrew Draper	15		M		Lytham St Annes RR	01:01:48
16	Ben Donohughe	16	7	M35	1	Red Rose Road Runners	01:02:20
17	Thornton Taylor	17	8	M55	2	Rossendale Harriers	01:03:07
18	Garry Barnett	18	9	M45	3	Wesham Road Runners	01:03:13
19	Jose Pinon-Shaw	19	10	M45	4	Red Rose Road Runners	01:03:22
20	Alan Jolly	20	11	M45	5	Red Rose Road Runners	01:03:42
21	David Taylor	21		M		Wesham Road Runners	01:03:56
22	Stuart Cann	22	12	M50	1	Red Rose Road Runners	01:05:03
23	Richard Butterwick	23	13	M40	4	Todmorden Harriers	01:05:14
24	Nicholas Barton	24		M		Lancaster University AC	01:05:15
25	Jonathan Pye	25		M		Clayton le Moors Harriers	01:05:26
26	Roy Tomlinson	26	14	M55	3	Thornton Cleveleys RC	01:05:44
27	David Brunton	27	15	M45	6	Red Rose Road Runners	01:06:26
28	Mark Willett	28	16	M40	5	Lytham St Annes RR	01:06:28
29	Graham Webster	29	17	M60	1	Lytham St Annes RR	01:06:40
30	Lee Spoor	30	18	M35	2	Tri Preston	01:06:45
31	David Green	31	19	M35	3	Preston Harriers	01:07:08
32	Tom Greaves	32		M		Lancaster University AC	01:07:30
33	Bev Wright		1	W50	1	Blackpool Wyre & Fylde AC	01:08:03
34	Michael Harper	33	20	M45	7	Todmorden Harriers	01:08:34
35	Pete Waywell	34	21	M45	8	Thornton Cleveleys RC	01:08:43
36	Alan Appleby	35	22	M65	1	Preston Harriers	01:09:00
37	Paul Rutherford	36	23	M50	2	Swinton Running Club	01:09:15
38	Yu-Chai Lai	37		M		Lancaster University AC	01:09:24
39	Barry Greaves	38	24	M55	4	Royton Road Runners	01:09:26
40	Jo Sharp		2	W40	1	Blackburn Road Runners	01:09:37
41	Peter Chan	39	25	M50	3	Astley & Tyldesley RC	01:09:55
42	Jayne Perry		3	W35	1	Lancaster & Morecambe AC	01:10:14
43	Stephen Biscomb	40	26	M60	2	Clayton le Moors Harriers	01:10:35
44	Elliot Costello	41		M		Wesham Road Runners	01:10:39
45	Philip Davidson	42	27	M50	4	Red Rose Road Runners	01:11:20
46	Fabienne Richard		4	W35	2	Clayton le Moors Harriers	01:11:59
47	Tony Pritchard	43	28	M60	3	Garstang Running Club	01:12:15
48	Jason Blagden	44	29	M40	6	Wesham Road Runners	01:12:48
49	Chris Moss	45	30	M50	5	Wesham Road Runners	01:12:59
50	Anthony Jewitt	46	31	M45	9	Lancaster & Morecambe AC	01:13:24
51	Ken Stanley	47	32	M60	4	Northern Vets AC	01:13:49
52	Helen Lawrenson		5	W45	1	Wesham Road Runners	01:13:55
53	Caroline McLaughlan		6	W35	3	Thornton Cleveleys RC	01:14:22
54	Nicola Unsworth		7	W40	2	Wesham Road Runners	01:14:49
55	Nicholas Bell	48		M		Lancaster University AC	01:14:50
56	Jill Jefferson		8	W55	1	Red Rose Road Runners	01:15:01
57	Kaylie Panaro		9	W		Blackburn Harriers	01:15:43
58	Frank Nightingale	49	33	M50	6	Red Rose Road Runners	01:15:59
59	Sean Murray	50		M		Wesham Road Runners	01:16:11
60	Laura Cawler		10	W45	2	Blackpool Wyre & Fylde AC	01:16:28

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61	Brian Jones	51	34	M50	7	Wesham Road Runners	01:16:53
62	James Cornall	52		M		Garstang Running Club	01:16:56
63	Paul Woan	53	35	M40	7	Red Rose Road Runners	01:17:05
64	John Wiseman	54	36	M50	8	Red Rose Road Runners	01:17:33
65	Victoria Duckett	11	10	W35	4	Preston Harriers	01:17:38
66	Kath Hoyer	12	11	W55	2	Wesham Road Runners	01:18:29
67	Steve Taylor	55	37	M40	8	Red Rose Road Runners	01:18:42
68	Ben Wrigley	56		M		Wesham Road Runners	01:18:45
69	Andy Lowe	57	38	M55	5	Chorley AC & Tri Club	01:18:47
70	Nick Higham	58	39	M45	10	Lancaster & Morecambe AC	01:19:02
71	Michael Roy	59		M		Lancaster & Morecambe AC	01:19:04
72	Ian Wharton	60	40	M45	11	Red Rose Road Runners	01:19:24
73	Sara Ward	13	12	W45	3	Wesham Road Runners	01:19:28
74	Martin Griffin	61	41	M50	9	Clayton le Moors Harriers	01:19:59
75	Fiona Geldard	14	13	W50	2	Lytham St Annes RR	01:20:00
76	Ian Waddingham	62	42	M35	4	Red Rose Road Runners	01:20:29
77	Scot James	63	43	M45	12	Unattached	01:20:38
78	Peter Wilkinson	64	44	M65	2	Northern Vets AC	01:21:08
79	Josh Murphy	65		M		Todmorden Harriers	01:21:15
80	Paula Plowman	15	14	W50	3	Red Rose Road Runners	01:21:20
81	Anneke Crosby	16	15	W45	4	Red Rose Road Runners	01:21:20
82	Peter O'Gorman	66	45	M50	10	Rossendale Harriers	01:21:37
83	Sarah Hall	17		W		Red Rose Road Runners	01:21:55
84	Gillian Pryor	18	16	W40	3	Thornton Cleveleys RC	01:22:32
85	Mike Barnes	67	46	M70	1	Northern Vets AC	01:22:45
86	Carol Douglas	19	17	W65	1	Red Rose Road Runners	01:22:48
87	Emma Johnson	20		W		Red Rose Road Runners	01:22:50
88	Laura Taylor	21		W		Wesham Road Runners	01:23:04
89	Elizabeth Jones	22		W		Wesham Road Runners	01:23:04
90	Peter Gibson	68	47	M60	5	Blackpool Wyre & Fylde AC	01:23:11
91	Dorothy Parkes	23		W		Preston Harriers	01:24:31
92	David Randall	69	48	M50	11	Blackpool Wyre & Fylde AC	01:24:52
93	Ted Orrell	70	49	M75	1	Clayton le Moors Harriers	01:25:39
94	Jan Buckingham	24	18	W50	4	Blackburn Harriers	01:25:46
95	Jason Riley	71	50	M40	9	Chorley AC & Tri Club	01:26:17
96	Jenny Wren Gornall	25		W		Preston Harriers	01:26:43
97	Richard Lodge	72	51	M55	6	Red Rose Road Runners	01:26:59
98	Nic Corrigan	26	19	W40	4	Todmorden Harriers	01:27:07
99	Anees Shaikh	27	20	W50	5	Red Rose Road Runners	01:27:21
100	Kaylea Haynes	28		W		Lancaster University AC	01:27:33
101	Pamela Hardman	29	21	W55	3	Lytham St Annes RR	01:27:39
102	Sarah Scott	30	22	W40	5	Thornton Cleveleys RC	01:27:56
103	Peter Cooke	73	52	M55	7	Wesham Road Runners	01:28:24
104	Jennifer Adams	31	23	W60	1	Northern Vets AC	01:28:27
105	Diane Blagden	32	24	W45	5	Wesham Road Runners	01:28:51
106	John Plowman	74	53	M50	12	Red Rose Road Runners	01:29:00
107	Philip McCullagh	75	54	M55	8	Chorley AC & Tri Club	01:29:08
108	Martin Foley	76		M		Red Rose Road Runners	01:29:20
109	Joan Gouldthorpe	33	25	W60	2	Red Rose Road Runners	01:30:00
110	Karen Clark	34	26	W55	4	Red Rose Road Runners	01:30:11
111	George Fletcher	77	55	M70	2	Red Rose Road Runners	01:30:20
112	Graham Vickers	78	56	M55	9	Wesham Road Runners	01:30:57
113	John Winters	79	57	M75	2	Blackpool Wyre & Fylde AC	01:31:10
114	Steve Corrigan	80	58	M50	13	Todmorden Harriers	01:32:27
115	Gary Whiteley	81	59	M40	10	Swinton Running Club	01:32:47
116	Erica Ripo	35	27	W35	5	Rossendale Harriers	01:33:11
117	James Robinson	82		M		Red Rose Road Runners	01:33:14
118	Jenny Fairclough	36	28	W55	5	Red Rose Road Runners	01:33:15
119	Vicky Gore	37	29	W35	6	Red Rose Road Runners	01:34:42
120	Rachael Lowe	38		W		Sweatshop Running Communi	01:35:54
121	David Young	83	60	M65	3	Wesham Road Runners	01:36:07

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122 Adela Nuttall		39	30	W55	6	Preston Harriers	01:36:34
123 Alistair Morris	84		61	M50	14	Wesham Road Runners	01:37:17
124 John Bradley	85		62	M70	3	Blackpool Wyre & Fylde AC	01:37:36
125 Sue Wickham		40	31	W50	6	Preston Harriers	01:37:36
126 Allan Howard	86		63	M55	10	Red Rose Road Runners	01:37:53
127 Colin Manning	87			M		Red Rose Road Runners	01:38:22
128 Kevin Dillon	88		64	M60	6	Manchester Harriers	01:41:07
129 Chris Clark	89		65	M55	11	Red Rose Road Runners	01:41:45
130 Judi Ingham		41	32	W40	6	Red Rose Road Runners	01:43:04
131 Carol Heaton		42	33	W45	6	Red Rose Road Runners	01:43:04
132 Simon Kirkman	90			M		Red Rose Road Runners	01:44:24
133 Susan Heatley		43	34	W35	7	Red Rose Road Runners	01:49:49
134 Mike Walsh	91		66	M80	1	Thornton Cleveleys RC	01:51:24