



Lancashire Athletic Association
2024 Cross Country
Championships



Saturday 6th January 2024. 11.00 am
 (held under UKA & ECCA Rules Permit No CC2023/1008)

Hosted by
Blackburn Harriers & AC
 AT
WITTON COUNTRY PARK, BLACKBURN
 WITH THE KIND PERMISSION OF
 BLACKBURN with DARWEN BOROUGH COUNCIL



President Mrs Margaret Crompton

OFFICIALS

- Referee** Lee Thompson
- Starter** Pat Jackson
- Start Steward** Nick Hume
- Chief Timekeeper** Stan Taylor
- Timekeepers** Kevin Doyle Kath Carey Dave Flitcroft
Kevin Hogan
- Recorders** Allison Phillips Charlotte White
Alison Hulme Barbara Gillies Cathy Flitcroft
Norman Mitchell Ken Smith
- Clerk of Course** George Davies
- Club Colours** Nick Hume Lee Thompson
- Announcer** Tony Wood
- Presentation** Margaret Crompton Tony Wood
- Championship Secretary** Steve Duxbury
- Course** Blackburn Harriers
- Registration/Results** Liz McInnes Eileen Ingham
Roy Peters Colin Shuttleworth
- First Aid** Rossendale & Pendle Mountain Rescue
- Results Service** Graham Fecitt (Sportsoft)

TIME TABLE

| | | | | | |
|--------------|-----------|------|--------------|------------|------|
| 11.00 | U11 Boys | 1.8K | 12.30 | U17 Men | 5.5K |
| 11.15 | U11 Girls | 1.8K | 13.00 | U20 Women | 6.7K |
| 11.30 | U13 Boys | 3.2K | 13.00 | Sen. Women | 6.7K |
| 11.33 | U13 Girls | 3.2K | 13.00 | Vet. Women | 6.7K |
| 12.00 | U15 Boys | 3.8K | 14.00 | U20 Men | 9.8K |
| 12.03 | U15 Girls | 3.8K | 14.00 | Sen. Men | 9.8K |
| 12.30 | U17 Women | 5.5K | 14.00 | Vet. Men | 9.8K |

Please note that Male Veterans over 70 will run in the Senior and Vet Women's race.

LANCASHIRE CROSS COUNTRY TEAM SELECTION

U13, U15, U17 First 6 automatic + 2 others at Manager's discretion.

U20 First 3 automatic + 5 others at Manager's discretion.

Seniors First 6 automatic + 3 others at Manager's discretion

Please note that U20s should be under 20 for the whole of 2024

Team Manager —Mr Steve Duxbury 01706 224377 mob.07857633060

email stevedux@btinternet.com

Presentations will take place as soon as results are available and have been checked. Please listen for announcements and wait in front of the Pavilion. If athletes receive an invitation to accept a place on the Lancashire team or on the reserve list, please reply on the day by handing in reply slips at Registration or as soon as possible after that.