

Men

Pos	Name	Pos	Cat	Club	Time
1	Karl Billington		M	Blackburn Harriers	00:25:18
2	David Rigby		M	Preston Harriers	00:25:20
3	Rob Affleck	1	M40	Preston Harriers	00:26:21
4	Gethin Butler	1	M45	Preston Harriers	00:26:43
5	Andrew Benson		M	Preston Harriers	00:26:54
6	Joseph Monk	1	MJ	Blackburn Harriers	00:27:02
7	Liam Craine		M	Blackpool Wyre & Fylde AC	00:27:34
8	Christopher Davies		M	Blackburn Harriers	00:28:04
9	John Wright	1	M50	Blackpool Wyre & Fylde AC	00:28:25
10	James Unsworth		M	Blackpool Wyre & Fylde AC	00:28:47
11	David Almond	2	M45	Blackburn Harriers	00:28:55
12	Simon Denye	2	M40	Wesham Road Runners	00:28:57
13	Joe Greenwood		M	Lytham St Annes RR	00:29:26
14	David Taylor		M	Wesham Road Runners	00:29:28
15	David Williamson	3	M40	Blackpool Wyre & Fylde AC	00:29:37
16	Chris Walton		M	Accrington Road Runners	00:29:42
17	Ian Dawson		M	Blackpool Wyre & Fylde AC	00:29:43
18	Phillip Quibell	1	M60	Salford Harriers & AC	00:30:17
19	Graham Rose		M	Trawden AC	00:30:31
20	Garry Barnett	3	M45	Wesham Road Runners	00:30:33
21	Neil Tate		M	Lytham St Annes RR	00:30:45
22	Andrew Leslie		M	Penny Lane Striders	00:31:13
23	Peter Cowling	2	M50	Preston Harriers	00:31:14
24	Kevin Davies	3	M50	Clayton le Moors Harriers	00:31:17
25	John Collier	2	M60	Wesham Road Runners	00:31:18
26	Matthew Simpson		M	Blackburn Road Runners	00:31:22
27	Jason Rippingale	4	M40	Blackburn Road Runners	00:31:35
28	Thomas Howarth		M	Lytham St Annes RR	00:31:47
29	Paul Hetherington	5	M40	Wesham Road Runners	00:31:53
30	James Osborne		M	Trawden AC	00:31:58
31	Trevor Rayner	4	M50	Salford Harriers & AC	00:32:13
32	Richard Maughan		M	Red Rose Road Runners	00:32:18
33	Dominic Moon		M	Preston Harriers	00:32:19
34	Warren Crook	5	M50	Chorley AC & Tri Club	00:32:25
35	Mark Billington	6	M50	Wesham Road Runners	00:32:37
36	Mark Willett	6	M40	Lytham St Annes RR	00:32:44
37	John Bertenshaw	1	M55	Wesham Road Runners	00:32:52
38	Evan Cook	3	M60	Blackburn Harriers	00:33:02

39	Stuart Topping	7	M40	Wesham Road Runners	00:33:02
40	Adam Bateman		M	Blackburn Road Runners	00:33:10
41	Bob Lauder	7	M50	Fylde Coast Runners	00:33:29
42	Terence Westhead	8	M50	Blackpool Wyre & Fylde AC	00:33:36
43	Peter Broome	4	M60	Blackpool Wyre & Fylde AC	00:33:42
44	Alan Hudson	1	M65	Wesham Road Runners	00:33:48
45	Neil Alberts	4	M45	Darwen Running Group	00:33:52
46	Peter Singleton	2	M55	Blackpool Wyre & Fylde AC	00:34:10
47	Jeff Whitfield	8	M40	Blackburn Road Runners	00:34:21
48	Graham A. Cunliffe	3	M55	Wesham Road Runners	00:34:24
49	Alan Elstone		M	Lytham St Annes RR	00:34:37
50	Michael Roy		M	Lancaster & Morecambe AC	00:34:40
51	Stephen Triscomb	5	M60	Clayton le Moors Harriers	00:34:46
52	Andrew Tranter	5	M45	Preston Harriers	00:34:47
53	Andrew Conway	9	M50	Liverpool Pembroke Sefton	00:34:55
54	Bryan Searby	9	M40	Blackburn Harriers	00:34:59
55	Martin Bates	4	M55	Wesham Road Runners	00:35:05
56	Michael Moran	5	M55	Blackburn Road Runners	00:35:06
57	Richard Slater	6	M55	Blackburn Road Runners	00:35:23
58	Nick Higham	6	M45	Lancaster & Morecambe AC	00:36:04
59	Martin Brady	10	M50	Clayton le Moors Harriers	00:36:17
60	Richard Pinches	7	M45	Blackpool Wyre & Fylde AC	00:36:18
61	Paul Lewis	10	M40	Horwich RMI Harriers	00:36:25
62	John Verity	11	M50	Blackburn Road Runners	00:36:38
63	Colin Laidlaw	6	M60	Lytham St Annes RR	00:36:50
64	Geoff Leech	8	M45	Horwich RMI Harriers	00:36:51
65	Phil White	7	M60	Blackburn Road Runners	00:36:56
66	David Scott	1	M70	Clayton le Moors Harriers	00:37:04
67	Alan Wilkinson	2	M65	Blackpool Wyre & Fylde AC	00:37:05
68	Brian Wildman	9	M45	Clayton le Moors Harriers	00:37:08
69	Jon Turner		M	Blackburn Road Runners	00:37:15
70	Simon Scarr	12	M50	Blackpool Wyre & Fylde AC	00:37:18
71	Jeff Wilson	11	M40	Blackpool Wyre & Fylde AC	00:37:20
72	Simon Scarr	13	M50	Blackpool Wyre & Fylde AC	00:37:21
73	Andrew Oates	14	M50	Blackburn Road Runners	00:37:44
74	Derek Heron	12	M40	Lytham St Annes RR	00:37:50
75	Roy Stevens	8	M60	Lytham St Annes RR	00:38:07
76	Phil Lakeland	7	M55	Preston Harriers	00:38:11
77	Derek Whittle	15	M50	Horwich RMI Harriers	00:38:31
78	Peter Gibson	9	M60	Blackpool Wyre & Fylde AC	00:39:06
79	David Orritt	10	M60	Red Rose Road Runners	00:39:14

80	Wayne Mcintosh		M	Trawden AC	00:39:16
81	David Twizell	11	M60	Blackpool Wyre & Fylde AC	00:39:31
82	Derek Crane	10	M45	Blackpool Wyre & Fylde AC	00:39:35
83	David Young	3	M65	Wesham Road Runners	00:39:39
84	Dave Waywell	2	M70	Wesham Road Runners	00:39:41
85	Joe Edmundson	4	M65	Trawden AC	00:39:47
86	Philip Leaver	12	M60	Wesham Road Runners	00:40:01
87	Mark Lord	13	M40	Trawden AC	00:40:10
88	Paul L. Walsh	13	M60	Clayton le Moors Harriers	00:41:21
89	Steve Ashton	16	M50	Lytham St Annes RR	00:41:37
90	Graham Vickers	8	M55	Wesham Road Runners	00:42:05
91	Bernard Singleton	5	M65	Blackpool Wyre & Fylde AC	00:42:26
92	Peter Hoyle	9	M55	Accrington Road Runners	00:42:49
93	Finlay McCalman	17	M50	Wesham Road Runners	00:43:16
94	Jeremy McCandless	10	M55	Lytham St Annes RR	00:43:36
95	Fletcher George	3	M70	Red Rose Road Runners	00:43:39
96	Dave Jones	6	M65	Thornton Cleveleys RC	00:43:45
97	John Winters	1	M80	Blackpool Wyre & Fylde AC	00:44:34
98	John Howorth	14	M60	Wesham Road Runners	00:45:30
99	Paul Carter	11	M45	Wesham Road Runners	00:45:43
100	Kevin O'Brien	4	M70	Clayton le Moors Harriers	00:46:52
101	Doug Brown	1	M75	Wesham Road Runners	00:47:05
102	Ashley Weir	12	M45	Blackburn Road Runners	00:47:24
103	John Bradley	2	M75	Blackpool Wyre & Fylde AC	00:48:09
104	Norman Greenwood	3	M75	Blackpool Wyre & Fylde AC	00:48:49
105	Chris Clark	11	M55	Preston Harriers	00:52:06
106	David Aspin	7	M65	Red Rose Road Runners	00:52:09
107	David Heaton	12	M55	Blackpool Wyre & Fylde AC	00:52:11
108	Clive Berry	13	M45	Wesham Road Runners	00:55:59
109	Bernard Elkington	4	M75	Red Rose Road Runners	01:00:08
110	Dick Stapleton	5	M70	Lancaster & Morecambe AC	01:00:08

Women

Pos	Name	Pos	Cat	Club	Time
1	Emily Japp		W	Blackpool Wyre & Fylde AC	00:29:12
2	Alisha Johnson	1	WJ	Blackpool Wyre & Fylde AC	00:30:54
3	Caroline Betmead	1	W40	Blackpool Wyre & Fylde AC	00:31:05
4	Catherine Carrdus	2	W40	Wesham Road Runners	00:31:13
5	Joanna Goorney	1	W45	Lytham St Annes RR	00:31:14
6	Emma Louise Walton		W	Blackburn Road Runners	00:33:27

7	Honor Thompson	1	W35	Skelmersdale Boundary Har	00:34:14
8	Felicity Wolohan		W	Lytham St Annes RR	00:34:31
9	Lesley Fisher	1	W55	Burnden Road Runners	00:34:51
10	Claire Bunce		W	Red Rose Road Runners	00:35:26
11	Caroline McLaughlan	3	W40	Thornton Cleveleys RC	00:36:02
12	Becky Rogers		W	Blackpool Wyre & Fylde AC	00:36:29
13	Daisy Seville		W	Thornton Cleveleys RC	00:36:38
14	Cherry Collinson	4	W40	Bolton United Harriers	00:37:10
15	Kalie Panaro		W	Blackburn Harriers	00:37:13
16	Karen Dunford	2	W45	Blackpool Wyre & Fylde AC	00:37:21
17	Anne Mayerssmith	2	W35	Wesham Road Runners	00:37:34
18	Sharon Cooper	5	W40	Wesham Road Runners	00:37:46
19	Kath Hoyer	2	W55	Wesham Road Runners	00:37:52
20	Michelle Tickle	6	W40	Blackpool Wyre & Fylde AC	00:38:29
21	Kathryn Brady	1	W50	Clayton le Moors Harriers	00:39:23
22	Debbie Myerscough	2	W50	Wesham Road Runners	00:39:24
23	Gemma Czarnota		W	Lytham St Annes RR	00:39:32
24	Gillian Pryor	7	W40	Thornton Cleveleys RC	00:39:47
25	Dawn Maher	3	W35	Blackpool Wyre & Fylde AC	00:39:55
26	Susan Hawitt	3	W50	Lytham St Annes RR	00:40:04
27	Alison Parkinson	3	W45	Chorley AC & Tri Club	00:40:06
28	Deborah Orritt		W	Red Rose Road Runners	00:40:10
29	Donna Cook	4	W45	Blackburn Road Runners	00:40:29
30	Emily Staple	8	W40	Lancaster & Morecambe AC	00:40:48
31	Kirsty Holland		W	Blackpool Wyre & Fylde AC	00:42:28
32	Sarah Scott	9	W40	Thornton Cleveleys RC	00:42:32
33	Rachael Wignall		W	Lytham St Annes RR	00:42:51
34	Ruth Wheatley	5	W45	Lytham St Annes RR	00:43:18
35	Norma Smith	1	W65	Blackburn Road Runners	00:43:21
36	Janet Hoyle	3	W55	Accrington Road Runners	00:43:27
37	Anne Alberts	10	W40	Darwen Running Group	00:43:49
38	Karen Clark	4	W55	Preston Harriers	00:43:58
39	Sally Deacon	6	W45	Wesham Road Runners	00:44:00
40	Jane Matthewman	4	W35	Blackburn Road Runners	00:44:55
41	Sue Wickham	5	W55	Preston Harriers	00:45:11
42	Kirsten Burnett	11	W40	Fylde Coast Runners	00:45:19
43	Adela Nuttall	6	W55	Preston Harriers	00:45:48
44	Joanne Weir	7	W45	Blackburn Road Runners	00:46:14
45	Judith Deakin	2	W65	Preston Harriers	00:46:17

46	Katie Turner	5	W35	Blackburn Road Runners	00:46:19
47	Angela Tranter	4	W50	Preston Harriers	00:46:23
48	Helen Boyer	12	W40	Preston Harriers	00:46:26
49	Sharon Birbeck	5	W50	Red Rose Road Runners	00:47:47
50	Kate Rippingale	13	W40	Blackburn Road Runners	00:48:53
51	Amy Whittaker		W	Red Rose Road Runners	00:50:08
52	Evelyn Elkington	1	W75	Red Rose Road Runners	00:54:41
53	Elizabeth Young	6	W35	Thornton Cleveleys RC	00:56:50
54	Tracy Slater	6	W50	Blackburn Road Runners	00:58:24

Mens' Team

Preston Harriers

David Rigby	2	00:25:20
Rob Affleck	3	00:26:21
Gethin Butler	4	00:26:43
	<u>9</u>	<u>01:18:24</u>

Mens' Masters' Team

Preston Harriers

Rob Affleck	1	00:26:21
Gethin Butler	2	00:26:43
Peter Cowling	10	00:31:14
	<u>13</u>	<u>01:24:18</u>

Womens' Team

Blackpool, Wyre &

Fvldc

Emily Japp	1	00:29:12
Alisha Johnson	2	00:30:54
Caroline Betmead	3	00:31:05
	<u>6</u>	<u>01:31:11</u>

Womens' Masters' Team

Wesham Road

Runners

Catherine Carrdus	3	00:31:13
Anne Mayerssmith	10	00:37:34
Sharon Cooper	11	00:37:46
	<hr/>	<hr/>
	24	01:46:33