

LANCASHIRE ATHLETIC ASSOCIATION
26th TRACK & FIELD CHAMPIONSHIP

12th/13th May 2018 Licence – OUT 18/135

FOR THE ATTENTION OF ALL ATHLETES, COACHES, CLUBS, OFFICIALS, PARENTS

Closing date **28th April 2018** – LATE ENTRIES WILL NOT BE ACCEPTED

ALL ATHLETES MUST DECLARE THAT THEY INTEND TO COMPETE IN AN EVENT AT LEAST 30 MINUTES BEFORE THE START TIME OF EACH EVENT, EACH DAY. NO LATE DECLARATIONS WILL BE ACCEPTED, AS SEEDING HAS TO BE COMPLETED BEFORE THE START OF EACH RACE.

YOUR Registration Number MUST BE on the entry form.

NUMBER TO BE WORN BACK AND FRONT IN EVENTS, EXCLUDING POLE VAULT AND HIGH JUMP WHEN ONLY ONE IS NEEDED.

NUMBERS MUST NOT BE CUT OR FOLDED (UKA Rule 143 (8))

NO PINS WILL BE AVAILABLE. YOU WILL HAVE TO PROVIDE YOUR OWN.

ONLY CLUB – COUNTY (white with red sides) - TERRITORIAL - NATIONAL VESTS will be permitted.

NOTE ONLY ONE LOGO, EITHER ON VEST OR SHORTS. (UKA Rule 143 S 1)

5000m ENTRIES Senior Men, Vets Men, Senior Women and Vets Women ONLY will be able to enter on the day at an extra cost of 50p per entry. Three to count for a team. Medals for individuals and teams.

There will be Standards for Long Jump, Triple Jump, Shot Putt, Discus, Hammer, and Javelin for an extra three trials. Medals will still be presented even if the standard is not achieved. Standards are on the Lancashire AA Website.

PLEASE NOTE: UKA Rule 142(4) Athletes shall be excluded from participating in further events, including relays, when they have qualified in preliminary rounds or heats for further participation in any event but then do not compete further without giving valid reason to the Referee. If a meeting extends over more than one day the exclusion shall apply to all subsequent events of the meeting.

Results will be available, as soon as possible, after each event has finished posted on the wall.

Presentations will take place, as soon as possible, after each event has been completed and results verified.

WE ASK, PLEASE, THAT EVERY ATHLETE IS AWARE OF THE ABOVE RULES AND INFORMATION SO THAT WE CAN ENSURE THE CHAMPIONSHIPS RUN SMOOTHLY AND THEREFORE DO NOT HAVE TO DISAPPOINT YOU.

GOOD LUCK TO ALL COMPETITORS

Entry Forms can be found on the Lancashire AA, Northern and most Lancashire Clubs Web Sites.
Entrants names and Clubs will be published on the Lancashire AA Web.
Results will be posted on Lancashire AA Website and Club Websites.

PLEASE NOTE

YOU MUST DECLARE YOUR INTENTION TO COMPETE EACH DAY
AT LEAST 30 MINUTES BEFORE EACH EVENT

LANCASHIRE ATHLETIC ASSOCIATION
26th TRACK & FIELD CHAMPIONSHIP

12th & 13th MAY 2018 AT WITTON PARK ARENA, BLACKBURN.

Under U.K.A Rules. Licence OUT 18/135

THE MEETING STARTS AT 10am FIELD and 10am TRACK BOTH DAYS
PLEASE CHECK YOUR AGE GROUP BEFORE COMPLETING THIS FORM

Under 13 Boy or Girl School Year 6&7	11 or 12 at Midnight 31 st August/1 st September 2018
Under 15 Boy or Girl School Year 8&9	13 or 14 at Midnight 31 st August/1 st September 2018
Under 17 Man or Woman School Year 10&11	15 or 16 at Midnight 31 st August/1 st September 2018
Under 20 Man or Woman	17 or 18 or 19 at Midnight 31 st December 2018/1 st January 2019

SATURDAY

100m	All Age Groups Male & Female
300m	U17W, U15G, U15 Boys
400m	SM, U20M, U17M, SW, U20W
1500m	All Age Groups Male & Female
5000m	SM, VM, SW, VW Ind and team medals
1500mS/C	U17W
2000mS/C	U20W, SW
70mH	U13G
75mH	U13B, U15G
80mH	U15B, U17W
100mH	U17M, U20W, SW
110M H	U20M, SM
Long Jump	All Female Age Groups
Triple Jump	SM, U20M, U17M,
High Jump	All Male Age Groups
Javelin	All Female Age Groups
Discus	All Male Age Groups
Shot Putt	All Male Age Groups
Hammer	All Male Age Groups

SUNDAY

200m	All Age Groups Male & Female
300mH	U17W
400mH	SM, U20M, U17M, SW, U20W
800m	All Age Groups Male & Female
3000m	U20M, U20W, U17M, U17W, U15B, U15G
1500mS/C	U17M
2000mS/C	U20M,
3000mS/C	SM
Pole Vault	SM, U20M, U17M, U15B, U13B, SW, U20W, U17W, U15G, U13G
Long Jump	All Male Age Groups
Triple Jump	SW, U20W, U17W
High Jump	All Female Age Groups
Javelin	All Male Age Groups
Discus	All Female Age Groups
Shot Putt	All Female Age Groups
Hammer	All Female Age Groups



ENTRIES ONLY FOR 5000m CAN ENTER ON THE DAY AT AN EXTRA COST OF 50p
Teams can be of the two age groups

CLOSING DATE FOR ENTRIES IS THE 28th APRIL 2018

STARTING HEIGHT FOR HIGH JUMP	SM= 1.55, U20M=1.55, U17M=1.40, U15B= 1.30, U13B= 1.10 SW= 1.50, U20W= 1.50, U17W=1.35, U15G=1.20, U13G=1.10
STARTING HEIGHT FOR POLE VAULT	SM= 2.80, U20M=2.60, U17M=2.40, U15B=1.70 SW= 1.90, U20W=1.80, U17W=1.80, U15G=1.70 U13G = 1.50 U13B = 1.50

IMPORTANT

NUMBERS MUST BE COLLECTED FROM REGISTRATION AT LEAST 30 MINUTES BEFORE THE START OF YOUR EVENT. PLEASE ENSURE THAT YOU DECLARE FOR EACH EVENT IN WHICH YOU INTEND TO COMPETE – FAILURE TO DO SO MAY RESULT IN YOU BEING EXCLUDED FROM THE EVENT.

TIMETABLES WILL BE POSTED ON WEBSITES.
All events will be contested, even if only one athlete enters.

26th LANCASHIRE TRACK & FIELD CHAMPIONSHIP

SATURDAY 12th & SUNDAY 13th MAY 2018 WITTON PARK ARENA, BLACKBURN

PLEASE COMPLETE ENTRY FORMS CLEARLY IN CAPITAL LETTERS

* SURNAME.....* FIRST NAME.....

* ADDRESS.....

.....* POST CODE.....

TEL NO: UK REGISTRATION NO.....

* CLUB.....* DATE OF BIRTH.....

* AGE GROUP ENTERED* MALE or FEMALE.....

* EMAIL ADDRESS.....

PLEASE ENSURE THAT ALL MARKED – ‘ * ‘- ARE FILLED IN

-EVENTS I WISH TO ENTER -

UNDER 13's – Under 15's – Under 17's ARE ONLY ALLOWED THREE EVENTS PER DAY

N.B. U/15 BOYS & GIRLS CAN ONLY COMPETE IN EITHER 800m OR 3000m Sunday

NOT both (UKA Rule 141 S 2)

SATURDAY 12th May 2018

SUNDAY 13th MAY 2018

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I HEREBY DECLARE THAT a) I am an Amateur as defined by U.K.A. Rules
b) I am qualified to compete in the L.A.A. Track & Field Championships by virtue of

***Please state - BIRTH TOWN –.....or 9mths RESIDENCE.....mark appropriate one**

I am not ineligible through competing in the Championships of another County or by representing another County in an Inter-Counties Championship.

Signed Date.....2018
Counter Signature of Parent or Guardian if under 17 years of age

ENTRY FEES: U13, U15 Boys & Girls, U17 and U20 Men & Women £4.50 per event – £12 per 3 events on the SAME DAY per athlete
Senior Men & Women - £5.00 per event - £14 for 3 events on the SAME DAY per athlete

Please put your name and address on reverse of cheque/postal order.
Crossed cheques/postal orders must be made payable to: **LANCASHIRE ATHLETIC ASSOCIATION**
Cheques or Postal orders **only**, ensuring the correct postage stamp is on your envelope to avoid surcharges.

ENTRY FORMS TO: **T & F CHAMPIONSHIPS**
5 ESSEX STREET
COLNE
BB8 0HB