

|     |       |           |            |         |
|-----|-------|-----------|------------|---------|
| T45 | 10:00 | U17 Women | 300m H     | Final   |
| T46 | 10:10 | U20 Women | 400mH      | Final   |
| T47 | 10:10 | U17 Men   | 400m H     | Final   |
| T48 |       | U20 Men   | No entries |         |
| T49 | 10:10 | Sen Women | 400m H     | Final   |
| T50 |       | Sen Men   | No Entries |         |
| T51 | 10:30 | U13 Boys  | 800m       | 2 TT    |
| T52 | 10:40 | U13 Girls | 800m       | 2 TT    |
| T53 | 10:50 | U15 Boys  | 800m       | Final   |
| T54 | 11:00 | U15 Girls | 800m       | 2 Heats |
| T55 | 11:10 | U17 Men   | 800m       | Final   |
| T56 | 11:25 | U17 Women | 800m       | Final   |
| T57 | 11:35 | Sen Men   | 800m       | Final   |
| T58 | 11:45 | U20 Men   | 800m       | Final   |
| T59 |       | Sen Women | No entries |         |
| T60 | 11:55 | U20 Women | 800m       | Final   |
| T61 | 12:05 | U13 Girls | 200m       | 2 Heats |
| T62 | 12:15 | U13 Boys  | 200m       | 2 Heats |
| T63 | 12:25 | U15 Girls | 200m       | 3 Heats |
| T64 | 12:40 | U15 Boys  | 200m       | 2 Heats |
| T65 | 12:50 | U17 Women | 200m       | 2 Heats |
| T66 | 13:00 | U17 Men   | 200m       | Final   |
| T67 | 13:05 | U20W      | 200m       | Final   |
| T68 | 13:10 | U20 Men   | 200m       | Final   |
| T69 | 13:15 | Sen Men   | 200m       | 2 Heats |
| T70 | 13:25 | Sen Women | 200m       | Final   |

45 minute Break

|     |       |           |       |       |
|-----|-------|-----------|-------|-------|
| T71 | 14:15 | U20 Women | 3000m | Final |
| T72 | 14:15 | U17 Women | 3000m | Final |
| T73 | 14:15 | U15 Girls | 3000m | Final |
| T74 | 14:30 | Sen Men   | 3000m | Final |
| T75 | 14:30 | U20 Men   | 3000m | Final |
| T76 | 14:30 | U17 Men   | 3000m | Final |
| T77 | 14:30 | U15 Boys  | 3000m | Final |
| T78 | 14:45 | U15 Girls | 800m  | Final |
| T79 | 14:55 | U13 Girls | 200m  | Final |
| T80 | 15:00 | U13 Boys  | 200m  | Final |
| T81 | 15:05 | U15 Girls | 200m  | Final |
| T82 | 15:10 | U15 Boys  | 200m  | Final |
| T83 | 15:15 | U17 Women | 200m  | Final |
| T84 | 15:20 | Sen Men   | 200m  | Final |





