

Lancashire Athletic Association -Winners 2016

Senior Women

100m	Katy Wyper	Blackpool Wyre & Fylde AC	11.8s	
200m	Not Contested			
400m	No Entries			
800m	Rachel Scott	Preston Harriers	2.14.0mins	
1500m	No Entries			
5000m	Becky Rigby	Preston Harriers	16.51.0mins	
5000m V	Sarah Webster	Manx Harriers	17.47.8mins	CBP
5000m	Team 3 Females	Blackpool Wyre & Fylde AC	59.88.2mins	CBP
100m H	Micaela Brindle	Wigan District & Harriers AC	15.2s	
400mH	No Entries			
3000mS/C	No Entries			
Pole Vault	No Entries			
High Jump	No Entries			
Long Jump	Micaela Brindle	Wigan & District Harriers AC	5.57m	
Triple Jump	Nia Rutter	Blackpool Wyre & Fylde AC	11.45m	
Shot Putt	Nia Rutter	Blackpool Wyre & Fylde AC	9.98m	
Hammer	Louise Kneen	Western AC	31.44m	
Discus	Susan Ball	Blackpool Wyre & Fylde AC	27.84m	
Javelin	Amy Lupton	Preston Harriers	38.81m	

Under 20 Women

100m	Ash Calvin	Blackpool Wyre & Fylde AC	12.5s	
200m	Ash Colvin	Blackpool Wyre & Fylde AC	25.9s	
400m	Annie Bradshaw	Blackpool Wyre & Fylde AC	59.3s	
800m	Annie Bradshaw	Blackpool Wyre & Fylde AC	2.16.0mins	
1500m	Eleanor Bolton	Ribble Valley AC	5.07.2mins	
3000m	Charlotte Mawdsley	Liverpool Pemb & Seft AC	11.24.8mins	
100mH	Eden Ashton	Preston Harriers	15.0s	
400m H	Lucy Townson	Liverpool Pemb & Seft AC	76.6mins	
2000mS/C	No Entries			
Pole Vault	Fiona Hockey	Blackpool Wyre & Fylde AC	3.20m	
High Jump	Bernice Coulson	Wigan & District H AC	1.55m	
Long Jump	Zoe Hughes	Wigan & District H AC	5.12s	
Triple Jump	Zoe Hughes	Wigan & District H AC	10.94m	
Shot Putt	Leah Hillman	Pendle AC	11.27m	
Hammer	Rebecca Orrell	Blackburn Harriers & AC	41.20m	
Discus	Leah Hillman	Pendle AC	33.98m	
Javelin	Anna Pears	Chorley Triathlon Club	39.46m	CBP

Under 17 Women

100m	Ava McGuckian	Preston Harriers	12.8s	
200m	Faith Wood	Blackpool Wyre & Fylde AC	26.4s	
300m	Alisha Ibitoye	Preston Harriers	43.4s	
800m	Charlotte Crook	Preston Harriers	2.16.2mins	
1500m	Ella Moulding	Lytham St Annes RR	4.49.2mins	
3000m	Maddie Elliott	Blackburn H & AC	10.43.0mins	
80m H	Angela Aumonier	Manx Harriers	13.8s	
300m H	Katie Shingler	Wigan & District H AC	50.0s	
1500mS/C	Not Contested			
Pole Vault	Ava McGuckian	Preston Harriers	3.10m	
High Jump	Amber Sibbald	Manx Harriers	1.60m	
Long Jump	.Katie Shingler	Wigan & District H AC	4.81m	
Triple Jump	Katie Shingler	Wigan & District H AC	10.30m	
Shot Putt	Evie Barclay	Wigan & District H AC	10.30m	3k
Hammer	Megan Metcalfe	Preston Harriers	29.36m	
Discus	Angela Aumonier	Manx Harriers	13.8s	
Javelin	Evie Barclay	Wigan District H AC	32.10m	

Under 15 Girls

100m	Lauren Lewis	Liverpool Pemb & Sefton AC	12.9s	
200m	Kate Jenkinson	Blackpool Wyre & Fylde AC	27.2s	
300m	Kate Jenkinson	Blackpool Wyre & Fylde AC	42.7s	
800m	Darcy Lonsdale	Preston Harriers	2.20.0mins	
1500m	Darcey Lonsdale	Preston Harriers	5.01.0in	
3000m	Lorna Spiers	Northern AC	10.58.5mins	
75mH	Jasmine Jolly	Preston Harriers	11.3s	CBP
Pole Vault	Jasmine Carey	Blackpool Wyre7 Fylde AC	2.80m	
High Jump	Jasmine Jolly	Preston Harriers	1.55m	
Long Jump	Jasmine Jolly	Preston Harriers	5.07m	
Shot Putt	Eloise Littlefair	Blackburn Harriers & AC	9.75m	3K
Discus	Eloise Littlefair	Blackburn H & AC	27.66m	
Javelin	Alex Baker	Pendle AC	34.81m	CBP
Hammer	Charlotte Williams	Blackburn Harriers & AC	51.30m	3K CBP

Under 13 Girls

100m	Macy Noblett	Preston Harriers	13.8s	
200m	Macy Noblett	Preston Harriers	28.1s	
800m	Abigail Earnshaw	Hyndburn AC	2.29.0mins	
1500m	Olivia Leigh	Chorley Triathlon Club	5.18.0mins	
70m H	Myah Booth	Blackburn Harriers & AC	12.00s	CBP
High Jump	Leah Howard	Blackpool Wyre & Fylde AC	1.42m	
Pole Vault	Not Contested			
Long Jump	Hannah Cunningham	Wigan & District H AC	4.48m	
Shot Putt	Macy Noblett	Preston Harriers	9.15m	CBP
Discus	Izzy Thompson	Chorley Triathlon Club	24.59m	CBP
Javelin	Myah Booth	Blackburn Harriers & AC	22.93	CBP
Hammer	Macy Noblett	Preston Harriers	25.73m	

Senior Men

100m	Symon Woan	Preston Harriers	11.1s	
200m	Symon Woan	Preston Harriers	22.7s	
400m	Brent Starkie	Blackpool Wyre & Fylde AC	50.7s	
800m	Luke Minns	Blackpool Wyre & Fylde AC	1.54.0mins	
1500m	Luke Minns	Blackpool Wyre & Fylde AC	4.02.6mins	
5000m	Tim Raynes	Blackburn H & AC	15.43.7mins	
5000m Vet	Shaun Livesey	Blackburn H & AC	16.58.4mins	
5000m	Team None			
110m H	Curtis Mitchell	Preston Harriers	15.8s	
400m H	No Entries			
3000mS/C	Not Contested			
Pole Vault	Tom Booth	Preston Harriers	4.50m	CEB
High Jump	No Entries			
Long Jump	Not Contested			
Triple Jump	Ian Gouldthorpe	Wigan & District H AC	10.47m	
Shot Putt	Daniel Upton	Trafford AC	11.44m	
Hammer	Alan Plumb	Pendle AC	38.96m	
Discus	Scott Jones	Wigan & District H AC	35.38m	
Javelin	Stephen Porter	Sale Harriers	60.70m	

Under 20 Men

100m	Elliott Jones	Liverpool Pemb & Seft AC	10.8s	CBP
200m	Lawrence Omorere	Preston Harriers	23.0s	
400m	Edward Latimer	Liverpool Pemb & Seft AC	50.5s	
800m	Tiannan Crocken	Pendle AC	2.00.2mins	
1500m	Tiannan Crocken	Pendle AC	4.17.8mins	
3000m	Patrick Dever	Preston Harriers	8.38.8mins	
110mH	Ellis Farnworth	Preston Harriers	16.5s	
400mH	Tom Godwin	Blackpool Wyre & Fylde AC	72.7s	

2000m S/C	No Entries			
Pole Vault	Lewis Taylor	Wigan & District H AC	3.80m	
High Jump	Daemon Metcalfe	Pendle AC	1.81m	
Long Jump	Nick Aziz	Blackpool Wyre & Fylde AC	6.07m	
Triple Jump	George Reed	Preston Harriers	12.09s	
Shot Putt	Edward Jeans	Preston Harriers	10.98m	
Hammer	Edward Jeans	Preston Harriers	59.83m	CBP
Discus	Edward Jeans	Preston Harriers	40.40m	
Javelin	Joe Harris	Manx Harriers	63.00m	

Under 17 Men

100m	Joe Lonsdale	Pendle AC	11.0s	
200m	Joe Lonsdale	Pendle AC	22.6s	
400m	Leon Stubbs	Burnley AC	50.9s	
800m	Joshua Forth	Ribble Valley AC	2.05.0mins	
1500m	Nathan Dunn	Preston Harriers	4.10.9mins	
3000m	Nathan Dunne	Preston Harriers	9.04.7mins	
100mH	Nicholas Massey	Blackburn H & AC	14.5s	
400mH	Joshua Milne-Ellison	Preston Harriers	62.0s	
1500m S/C	Gregan Baker	Pendle AC	5.39.0mins	
Pole Vault	Joseph Duffy	Preston Harriers	3.80m	
High Jump	Gregan Baker	Pendle AC	1.50m	
Long Jump	George Skidmore	Western AC	5.28m	
Triple Jump	Gregan Baker	Pendle AC	9.72m	
Shot Putt	Jordan Cooper	Preston Harriers	11.90m	
Hammer	Jacob Roberts	Blackburn H & AC	66.10m	CBP
Discus	Anthony Kent	Blackburn H & AC	34.14m	
Javelin	Lewis Ormerod	Preston H	44.24m	

Under 15 Boys

100m	Elliott Callow	Western AC	11.6s	CBP
200m	Michael Fisher	Preston Harriers	24.0s	
300m	Angus Macleod	Manx Harriers	38.5s	CBP
800m	James Stanley	Lancaster & Morecambe AC	2.04.0mins	
1500m	Ben Preddy	Preston Harriers	4.27.2mins	
3000m	Ben Preddy	Preston Harriers	9.31.0mins	CBP
80m H	Glen Quayle	Northern AC	12.1s	
Pole Vault	Glen Quayle	Northern AC	3.40m	CBP
High Jump	James Margrave	Northern ~AC	1.55m	
Long Jump	Ethan Tibbs	Preston Harriers	5.24m	
Triple Jump	Sam Mercer	Lancaster & Morecambe AC	10.23m	
Shot Putt	Elliott Callow	Western AC	10.95m	
Hammer	Sam Gaskell	Preston Harriers	47.93m	CBP
Discus	Alex Bernstein	Blackburn H & AC	26.87m	
Javelin	Harvey Noble	Preston Harriers	41.45m	

Under 13 Boys

100m	Archie Dowds	Unattached	13.5s	
200m	Archie Dowds	Unattached	27.6s	
800m	Mark Roberts	Liverpool Pemb & Seft AC	2.21.0mins	
1500m	Ethan Warren	Preston Harriers	4.57.4mins	
75m H	Eddie Gill	Lancaster & Morecambe AC	14.3s	
High Jump	Eddie Gill	Lancaster & Morecambe AC	1.39m	
Long Jump	Archie Dowds	Unattached	4.32m	
Shot Putt	Eddie Gill	Lancaster & Morecambe AC	7.88m	
Discus	James Lupton	Preston Harriers	26.16m	CBP
Javelin	James Lupton	Preston Harriers	30.07m	
Hammer	James Lupton	Preston Harriers	26.62m	CBP